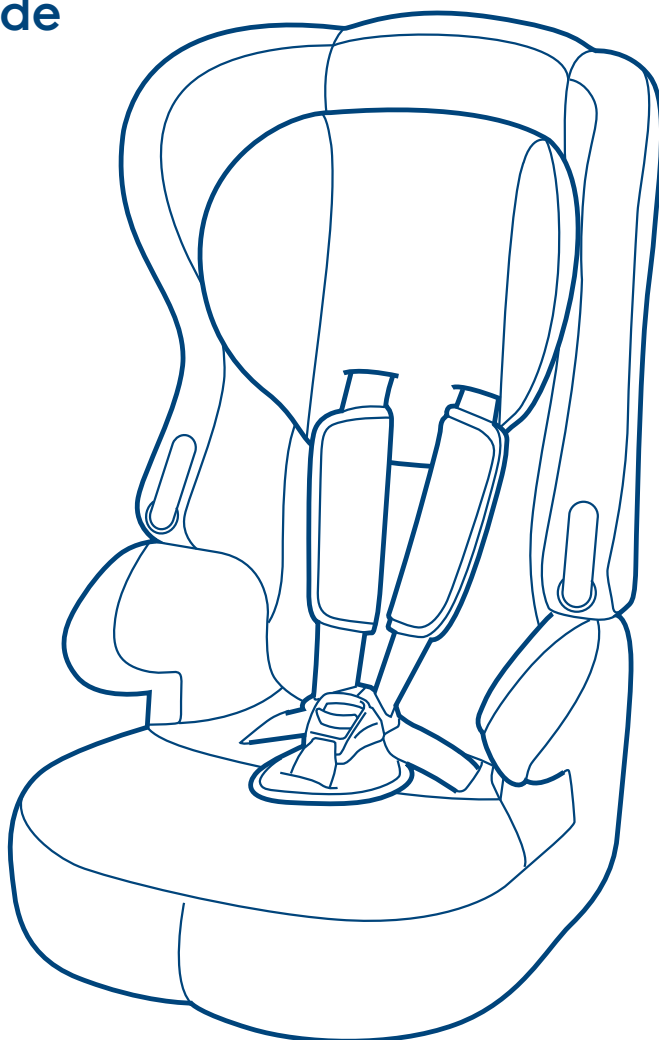




Conforms to  
ECE R44/04

# Sola

user guide



**IMPORTANT ! KEEP FOR FUTURE REFERENCE**

- PLEASE READ THOROUGHLY BEFORE COMMENCING INSTALLATION AS AN INCORRECT INSTALLATION COULD BE DANGEROUS.
- DO NOT USE THIS CHILD SEAT IN PASSENGER SEATS EQUIPPED WITH AIRBAGS.
- This child seat **must only** be installed in a forward facing position in passenger seats.  
Do not use on side facing or rear facing seats.
- **Never** use this child seat without fastening the child's harness correctly, and **never** attempt to use it without fastening it into the car as described in these instructions.
- Do not add to or modify the seat in any way.
- In the event of an emergency it is important that the child can be released quickly. This means that the buckle is not fully tamperproof and so your child **must** be taught **never** to play with the buckle.
- Do not leave your child unattended in the seat at any time.
- It is recommended that this car seat should be changed when it has been subjected to violent stresses in an accident or has become badly worn. Periodically inspect the harness for wear, paying particular attention to the attachment points, stitching and adjusting devices.
- Ensure that no part of the seat is trapped in a door or folding seat. If your car has a folding rear seat, ensure that it is correctly latched in the upright position.
- Car interiors can become very hot when in direct sunlight, it is therefore recommended that the child seat is covered when not in use. This prevents components, particularly those attached to the child seat, becoming hot and burning the child.
- Luggage and other heavy or sharp objects should be secured in the car. Loose objects are liable to cause injury in the event of an accident.
- The safest seating position for a child car seat is on the rear seat of a vehicle.

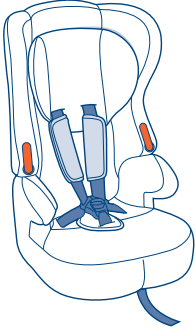
This child seat **must only** be installed in a forward facing position.

This seat is classified as:

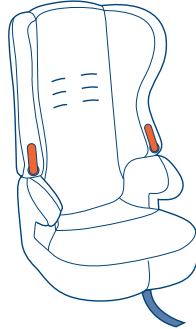
Group 1 for children weighing from **9kg to 18kg** (9 months - 4 years approx.)

Group 2 for children weighing from **15kg to 25kg** (4 - 6 years approx.)

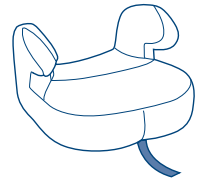
Group 3 for children weighing from **22kg to 36kg** (4 - 11 years approx.)



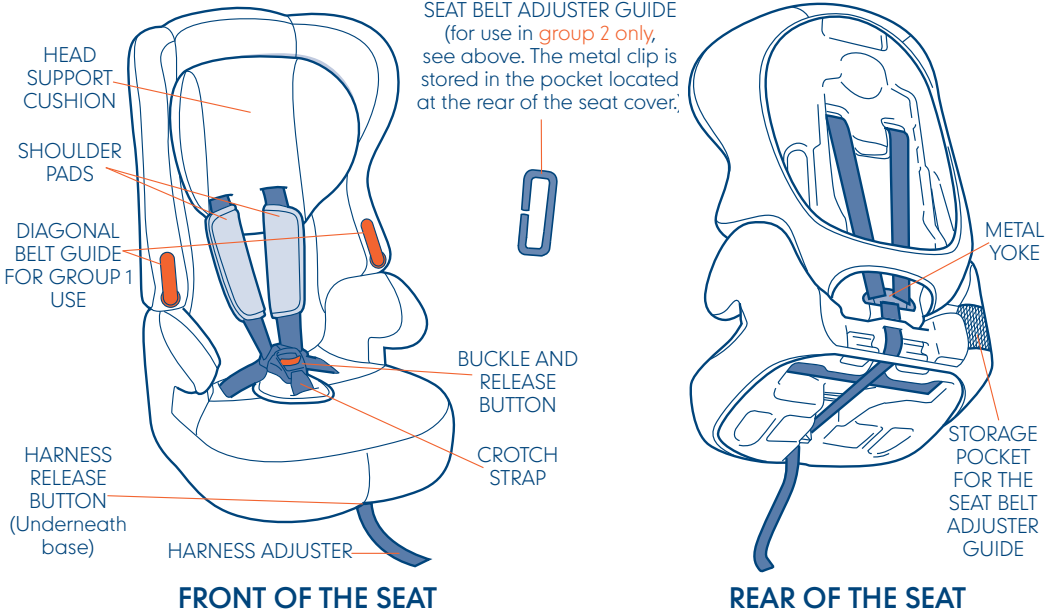
SET UP FOR USE BY  
**9-18 kg** CHILDREN  
GROUP 1



SET UP FOR USE BY  
**15-25 kg** CHILDREN  
GROUP 2

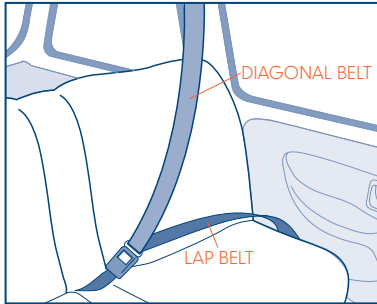


SET UP FOR USE BY  
**22-36 kg** CHILDREN  
GROUP 3



### 3

## the type of approved seat belt you must have



Your mothercare child seat can only be installed forward facing using a lap and diagonal seat belt.

**DO NOT USE THIS CHILD SEAT IN PASSENGER SEATS EQUIPPED WITH AIRBAGS**

### 4

## legal requirements

This child seat is approved to ECE R44.04 and is **ONLY** suitable for use with a 3 point lap and diagonal seat belt, approved to UN/ECE Regulation No.16 or other equivalent safety standards.

front seat

Anyone, especially children, travelling in the front seat of a car **must** be properly restrained. Children under three years **must** use a suitable approved restraint designed for their weight.

rear seat

All adults and children **must** use seat belts or child restraints where they are fitted in the rear of a car and are available for use.

If the appropriate restraint is not available, children from 3 years **must** wear an adult seat belt if available.

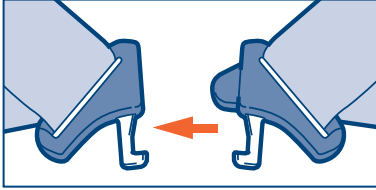
### 5

## important notes

- In an emergency your child can be released quickly by pressing the red button on the harness buckle.
- This user guide should be stored under the seat cover of the base.
- When the child seat is not in use, it is recommended that it is fastened into the car with a seat belt to avoid being thrown about in the event of an accident.
- If you travel with passengers using both the front and rear seats, the lighter occupants should be in the rear seats and the heavier occupants in the front of the vehicle. When a child is in the front seat, the lighter passenger should be behind the child.
- **Do not** allow the child seat to come into contact with corrosive substances e.g. battery acid.

## Securing the harness

fig 1



Place the left hand harness connector behind the right hand one. They should slot together neatly.

fig 2

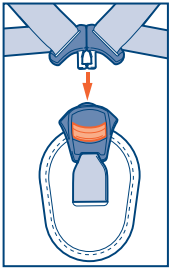
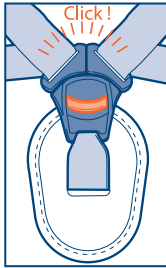
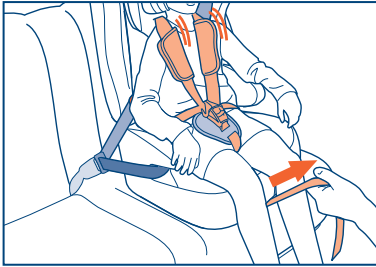


fig 3



Push the harness ends into the hole in the buckle at the top of the crotch strap. You will hear and feel a 'CLICK' when it is secure. Check by attempting to remove the connectors by pulling the webbing above and below the buckle. Periodically check that your child has not released the buckle. (To release the harness, press the red button down.)

## Tightening the harness

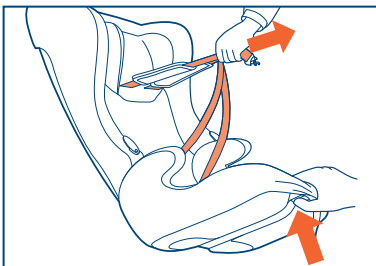


Pull gently on the harness adjuster to take up any slack.

**A loose harness is dangerous, so it should be checked every time the seat is used.**

It is recommended that there is just enough room to insert two fingers between the shoulder straps and the child's chest.

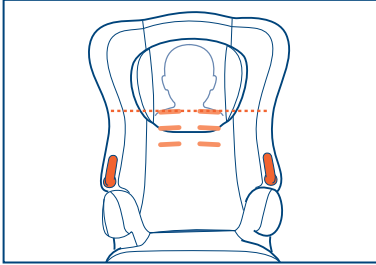
## Loosening the harness



If the harness is too tight, loosen it by first pressing the tab underneath the front of the seat, and then pulling both straps, as shown. Do not pull on the shoulder pads, as these are fixed in length.

## Adjusting the shoulder height

fig 1

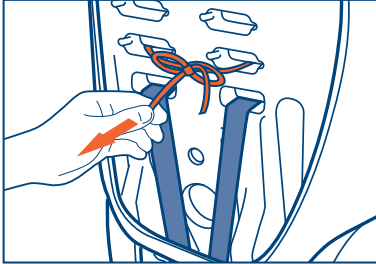


The harness has 3 height positions. The straps should go into the slots nearest to the top of your child's shoulders.

**IMPORTANT**

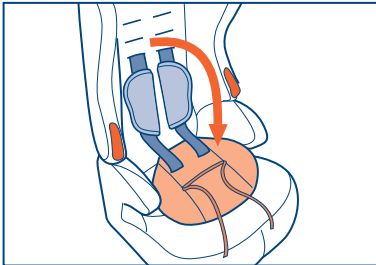
If your child's shoulders are between two pairs of slots, always use the higher position.

fig 2



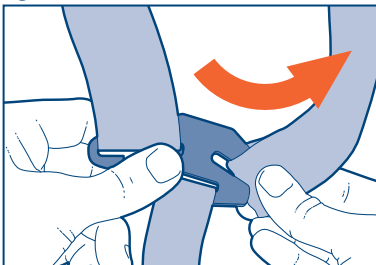
Release the head cushion support by undoing the knot at the rear of backrest.

fig 3



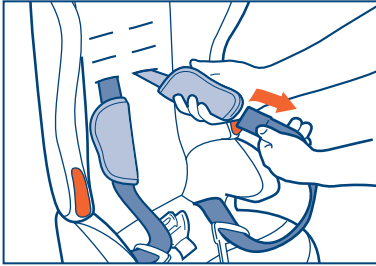
Slide the head cushion support down to have a better access to the shoulder straps.

fig 4



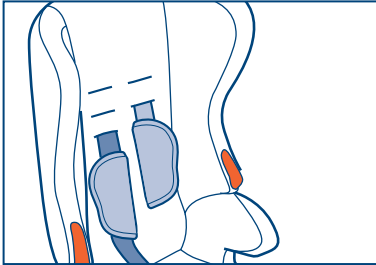
To adjust the shoulder straps of the harness, remove one of the shoulder straps from the metal retaining yoke located at the back of the seat. Leave the other one in place for reference.

fig 5



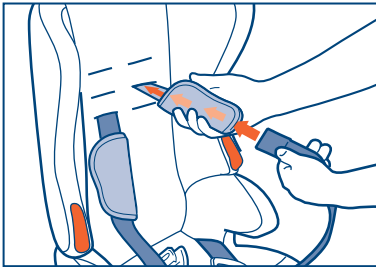
Pull the shoulder strap through the harness slot in the shell, cover and head support cushion, then pull through the shoulder pad.

fig 6



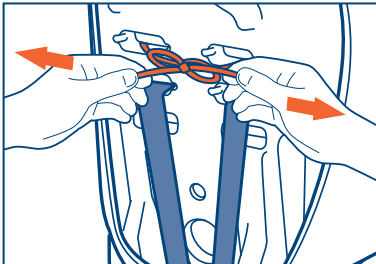
Pull the shoulder pad back through harness slot in head support cushion, cover and shell, and re-locate to desired harness slot.

fig 7



Feed the shoulder strap back through the shoulder pad, then through the same slot, and re-attach to metal yoke at rear. Repeat the same procedure for the shoulder strap and pad on the other side. Make sure there are no kinks or twists in the straps.

fig 8



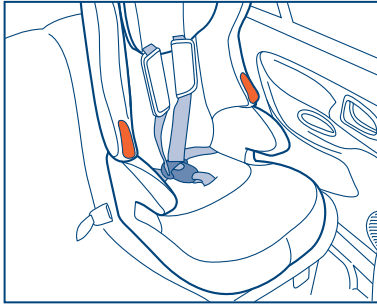
Replace the head cushion support: the cords should be routed in the slots that are just above the shoulder straps. (Except when shoulder straps are at the highest position, the cords of head support cushion should be guided in the same slots.)

**WARNING:**

Do not use this child seat in passenger seats fitted with airbags.  
Do not use on rear-facing or side-facing vehicle seats.

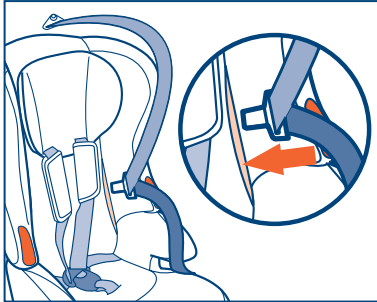
To set up for use to 9 to 18 kg

fig 1



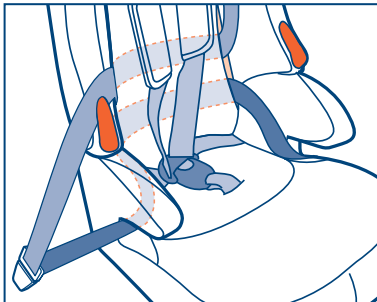
Place the child's car seat on a passenger seat with a 3 point seat belt.  
Make sure the child seat is facing towards the front of the car.

fig 2



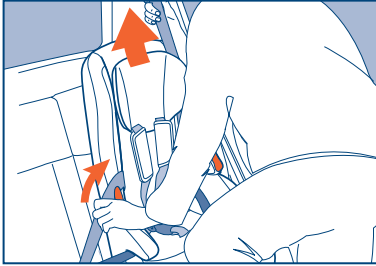
Pull the lap and diagonal sections of the car seat until fully extended.  
Guide the seat belt around the side panel of the car seat making sure that the lap belt is **below** the arm rest of the seat base.

fig 3



Then feed both lap and diagonal belt into the side slot, around the plastic back panel (over the harness) and back through the opposite slot.  
Pull the belt around the seat and fasten in the normal way making sure that the lap section is below the arm rest and the diagonal section goes through the red guide. Make sure that there are no kinks or twists in the car seat belt.

fig 4



Put your knee on the child seat to push it right down into the car seat.

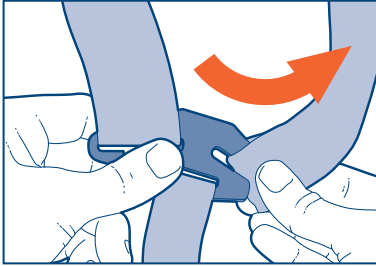
You should then pull upwards simultaneously on both the lap and diagonal belts.

Your car seat should now be fixed securely.

To check that the seat is fixed securely, tug the top of the shoulder straps there should be little or no forwards movement.

### To set up for use to 15 to 25 kg

fig 1

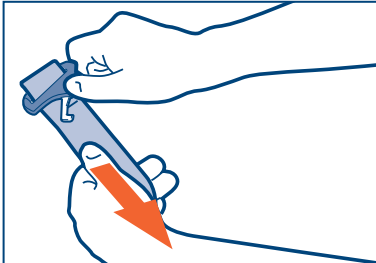


Your child will be secured using the vehicle's seat belt.

It will therefore be necessary to remove the harness fitted to the child seat before use.

Remove the shoulder straps from the metal yoke.

fig 2



Pull the shoulder straps through the shoulder pads, then through the buckle connectors and through the side slots in plastic base and cover.

fig 2a

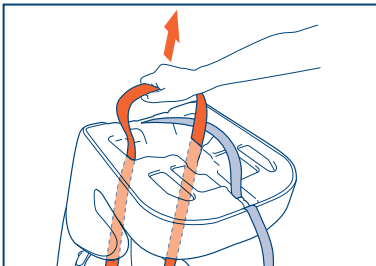
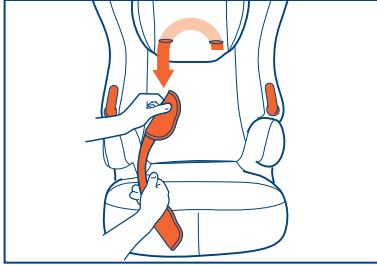


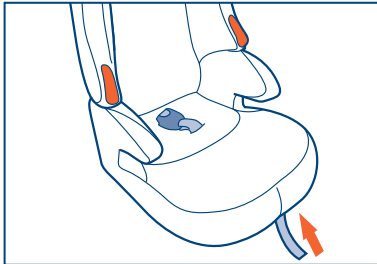
fig 3



Remove the shoulder straps from the shell and cover.

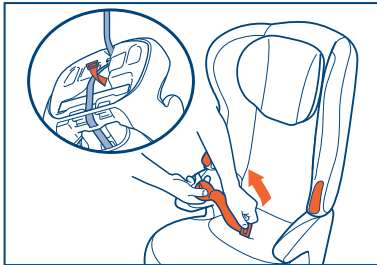
Pull the harness adjuster until the metal yoke is tight against the back of the seat base.

fig 4



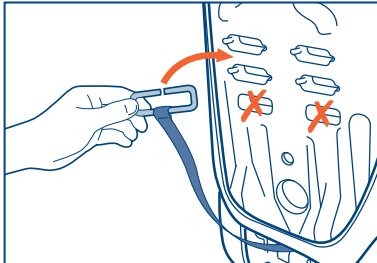
The end of the harness adjuster which is left can be fed back behind the cover for storage for future use.

fig 5



Remove the crotch strap by twisting and feeding the metal retaining keeper through the BOTTOM of the child seat and up through the seat's upholstery.

fig 6



Seat belt adjuster guide for diagonal belt adjustment: the purpose of this guide is to position the diagonal belt securely on the child's shoulder.

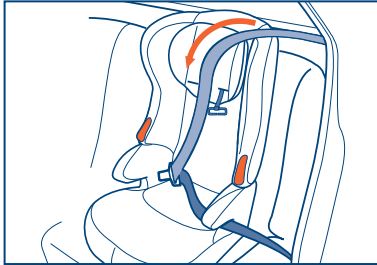
It should be fed through either of the two upper slots of the backrest.

fig 7



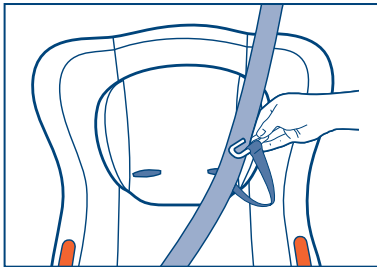
Check first in which slot to feed the Seat Belt Adjuster Guide, by sitting your child in the booster seat: the guide should go into the slot nearest to the top of your child's shoulder, and to the side where the belt retractor is located. Feed the Seat Belt Adjuster Guide through the desired slot, through shell and cover.

fig 8



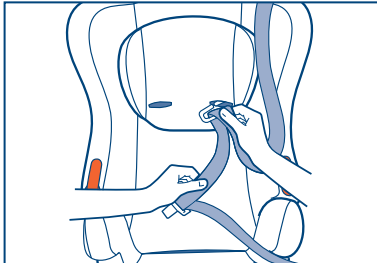
Install the child seat on a passenger seat with a 3 point seat belt, facing towards the front of the vehicle. Pull the diagonal belt of the vehicle.

fig 9



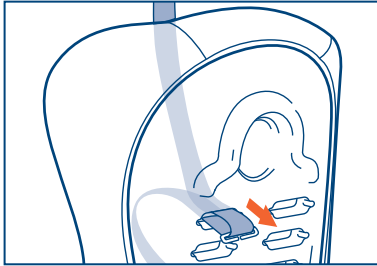
Insert the diagonal belt into the Seat Belt Adjuster Guide.

fig 10



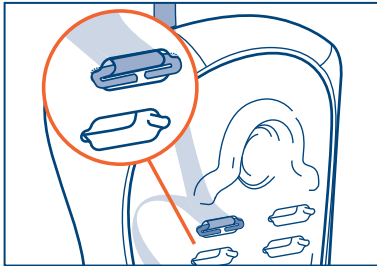
Then feed the Seat Belt Adjuster Guide + belt back through the same slot in cover and shell.

fig 11



Make sure that the opening of the Seat Belt Adjuster Guide is on the outside of the loop of the diagonal belt.

fig 12



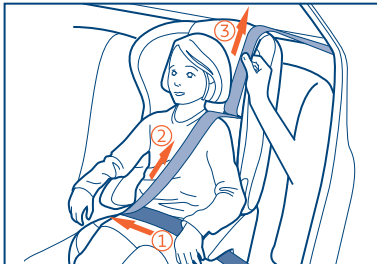
Lock the Seat Belt Adjuster Guide + belt in the recess behind the slot by pulling upwards on the diagonal belt. Make sure that the guide is correctly positioned in the recess.

fig 13



Now you can install your child:  
Pull again the lap and diagonal sections of the car seat belt across your child and secure it in the normal way. Make sure that there are **no kinks or twists** in the car seat belt. The lap belt should be routed **under** both the armrests of the child seat and the diagonal belt routed **under** the armrest as shown.

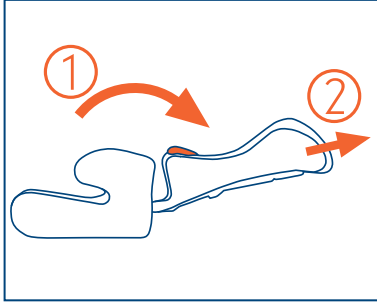
fig 14



Make sure the seat belt is tightened: pull as shown on drawing, first on lap section, then on lower part of diagonal belt, then above the Seat Belt Adjuster Guide towards retractor. When your child gets out of the child seat, the Seat Belt Adjuster Guide can stay in position in its recess behind the shell.

## To set up for use to 22 to 36 kg

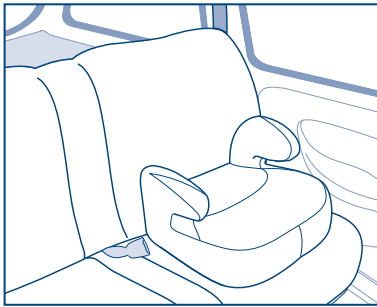
fig 1



The child seat can be used as a 'booster seat' by removing the back section. If you have not already removed the child's harness, do this first. (Refer to diagrams 1 to 5 on pages 9 and 10). The back section of the seat is removed by pushing the back of the seat away from the base of the seat.

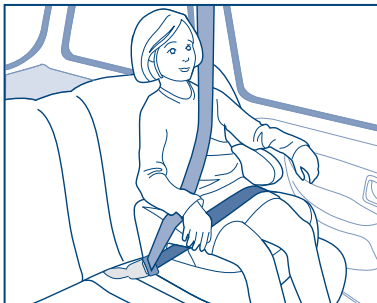
Leave the seat belt adjuster guide attached to the elastic band with the backrest.

fig 2



Place the child car seat on the passenger seat with a 3 point seat belt. Make sure it is facing towards the front of the car.

fig 3



Pull the lap and shoulder sections of the vehicle seat belt across and secure it in the normal way. The lap belt should be routed **under** both the arm rests of the child seat, and the diagonal belt routed **over** the armrest as shown.

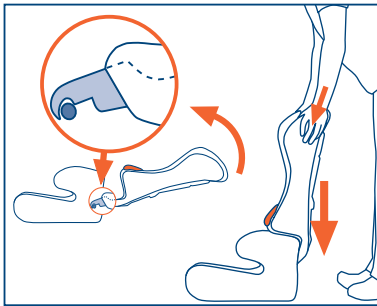
However safe a child seat is, however well built it is, your child's safety depends on you. Read this final checklist once you have fitted your child seat in your car.

1. Check that you have adjusted the harness to suit your child.  
A fitting for winter clothes will be too loose for a child wearing summer clothes.
2. Check you have installed your child seat properly using a 3 point lap and diagonal belt. See section 7, fitting your child seat into your car.
3. Check that your child seat is secure before each journey.  
**REMEMBER:** mis-using your child seat will reduce the protection and safety you offer your child.

IF YOU ARE UNSURE ABOUT THE FIT OF YOUR CHILD SEAT, PLEASE VISIT YOUR LOCAL MOTHERCARE STORE FOR ADVICE.

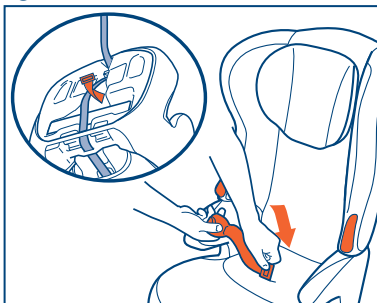
AFTER YOU HAVE USED THE CHILD SEAT FOR AN OLDER CHILD (GROUP 2 OR 3) YOU MUST FOLLOW THE GUIDELINES BELOW WHEN RE-USING THE SEAT FOR A YOUNGER (GROUP 1) CHILD.

fig 1



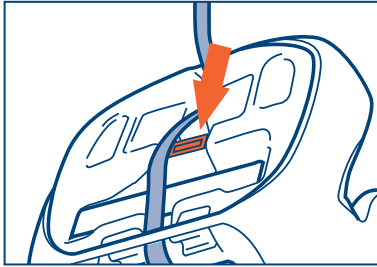
Re-fit the back of the child seat. To do this, lay the seat back flat. Engage the two locating pegs and lift upwards as shown. Then press down firmly on the back of the seat so that the two pegs engage securely.

fig 2



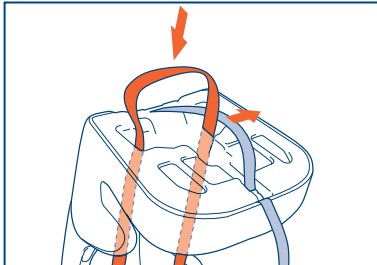
Feed the metal keeper of the crotch strap through the slot in the cover and plastic base.

fig 3



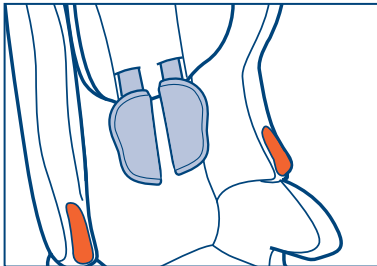
Make sure that the metal keeper is securely engaged against the seat base.

fig 4



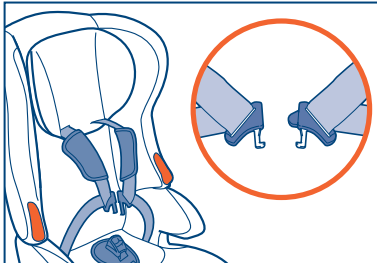
Underneath the base : feed the shoulder strap between the plastic base and adjustment strap. Then feed both ends of shoulder straps back through side slots in base and cover.

fig 5



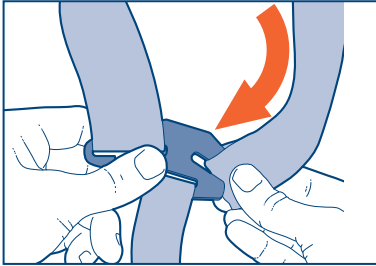
Feed both shoulder pads through the harness slots at the correct height for your child. The shoulder pads are an important safety feature, and **must** be fitted with the friction side against your child's shoulders.

fig 6



Feed the shoulder straps through the buckle connectors, through the shoulder pads and then through the same slots in cover and shell.

fig 7



Re attach the shoulder straps to the metal yoke as shown, making sure that shoulder straps are routed between the plastic shell and the back cover.

Make sure there are **no kinks or twists** in the straps.

### removing the fabric cover

- The fabric cover can be removed from the seat. Remove the child's harness refer to diagrams 1 to 5 on pages 9 and 10. Then release the elasticated edges of the cover from the seat.

### cleaning the seat

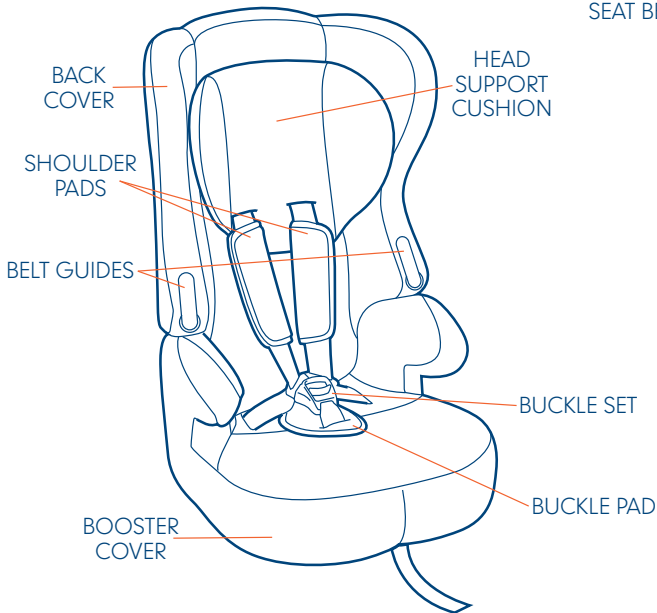
- The harness and plastic parts can be sponged with a mild detergent and warm water. Ensure no soap gets into the buckle or adjusters.  
**Do not** use chemical cleaners or bleach on the harness straps.  
 Dry thoroughly before use.

Your child seat and its cover have been carefully designed, manufactured and tested to the highest safety standards.

**Do not** put your child's safety at risk by using without a seat cover. The seat cover should not be replaced with any other than the one recommended by mothercare, because the cover constitutes an integral part of the restraint performance.

The safety of this seat may be compromised by the use of accessories not approved by mothercare.

The replacement parts listed below are available for your product. In the event that you require any of these parts, please contact your local mothercare store or contact Customer Care on 08453 30 40 30.



SEAT BELT ADJUSTER GUIDE



### Replacement Parts

- Booster cover
- Shoulder pads and harness
- Back unit cover
- Seat Belt Adjuster Guide
- Buckle set
- Head support cushion
- Belt guides

If you have a problem with this product or require replacement parts, please contact your nearest mothercare store or telephone the mothercare Customer Care Line on 08453 30 40 30.

Alternatively, write to: Customer Care  
Mothercare Uk Ltd, Cherry Tree Road  
Watford, Herts, WD24 6SH





# notice

1. This is a 'Universal' child restraint. It is approved to Regulation No. 44.04 series of amendments, for general use in vehicles and it will fit most, but not all car seats.
2. A correct fit is likely if the vehicle manufacturer has declared that the vehicle is capable of accepting a 'Universal' child restraint for this age group.
3. This child restraint has been classified as 'Universal' under more stringent conditions than those which applied to earlier designs which do not carry this notice.
4. If in doubt, consult either the child restraint manufacturer or the retailer.
5. Only suitable if the approved vehicles are fitted with 3 point static or retractor safety belts approved to UN/ECE Regulation No.16 or other equivalent standards.